



Give Your Worries To The Lord

A Note From Pastor Kevin Slough

Special points of interest:

Coming soon:

- Garage Sale
- Mission Update

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Greetings beloved in Christ! In today's society we often greet each other by saying, "How are you doing?" and the person being asked responds, "Pretty good, you?" Because this is just how it is in today's society I want to make sure that you are truly doing "pretty good" and not worrying about something feeling as though there is nowhere to turn.

In Matthew 6: 24-34, the Lord speaks to us about worrying and about turning our troubles over to Him. This is very comforting to know that the Lord our God invites us to hand our worries over and to bring us comfort and peace in return. In an age where people do not seem to speak openly from the heart to each other how are we to avoid from keeping every little worry to ourselves and eventually bursting?

In our faith, we are invited to allow God to

take our worries and make them so small that they do not even affect us any longer. In one of the movies about astronauts — I believe it was Apollo 13 — one of the astronauts is looking at the earth from space. As he stares at planet earth, which now seems so small, he lifts his thumb until the entire earth is blocked out. The earth, which seemed so large before, was now so small that he can no longer see it. This, in effect, is what we do with the worries and fears we have. We lift the finger of faith and place it over our fear. We focus on the face of God, and in so doing the problem that at one time seemed so large before, now seems almost insignificant. We have a promise from Scripture which says, "The Lord knows how to rescue the godly from trials. . . ." (2 Peter 2:9).

When we accept the

fact that bad things will happen, but a good God will see us through them, it changes our focus. We begin to concentrate on how big our God is, not how big our problems are. We know that God is able, and that is all we need to know. We have the confidence that nothing will happen to us that God cannot handle, and even use for our benefit.

As your Pastor I want you to be happy and whole in your relationship with God and with others. To be happy and whole you must trust in what God is doing in your life today, tomorrow, and into eternity. As the Gospel of Matthew 6 tells us, "Do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today." I pray that it is well with your soul and that you are able to worry a little less each day because of what God is able to do within you.

Peace and Grace,
PK

Fellowship Notes

The Fellowship committee is going to be busy in March.

We are starting with a fund raiser for our gathering room floor. We are selling flower bulbs from Flower Power Fundraising. We need your order form by April 17, 2011. Call or see Marilyn Amberger, Patty Walter, Donna Coleman, Karen O'Donnell, Norma Lansdowne, or Phyllis Nozell.

Please help us. Our 2nd event for March is to make pillowcase dresses for the Angels of Mercy organization. They take them to girls in 3rd world countries. If the girls have a new dress with an organization name on the dress, it helps to keep them from being abused. We are having a sewing and lunch get together on Saturday, March 19th from 11AM to 1:30PM.

Please come and help us make dresses. If you have a sewing machine, you could bring it and it would be a great help. Please bring scissors, thread, and your lunch. We will have drinks and dessert for you. We have pillowcases that are being donated to us, but if you have any to donate that would also be great. "You shall love your neighbor as yourself."

Matthew 22: 39

In Gods Love,
Marilynn Amberger, chairperson.



Fellowship Extra

"Usable Items" (aka rummage) Sale: May 19, 20, & 21 at East Rochester UMC.

Thanks for putting the date on your calendars! Now begin to put things aside that you wish to donate.

Reminder: Tell friends, neighbors, relatives so they can donate also. There are many others who have a heart for mission too. Ideas suggested from other years' sales: 1) If you have antique-type items, find out

a 'ball-park' price from a knowledgeable source in order to alert the helpers that price items. 2) Would there be some adults who desire to have a food table? Craft table? Some kids want to be in charge of a lemonade stand! Yea! 3) Please be sure the stuff you desire to have in the sale is clean and ready for sale. 4) Needed at this time are people who have storage areas to set aside items. If you have such an area, please give co-

chairs Betty Kreyer (586-5423) or Sally Glassbrook (244-9465) a call. We are looking forward to working with all of you towards this successful sale.

Flower Power

The Fellowship committee is selling beautiful flower plants to raise money for new flooring in the gathering area. The last day to order and pay will be the 17th of April. All committee

members have books. Thank you all in advance.
Marilynn
Norma
Donna
Karen
Patti
Phyllis



Trustees Notes



I would like to thank everyone involved that took their personal time to help maintain the professional look of the Church grounds.

We would also like to

Thank those who have taken the time to shovel and salt the walkway into church. It is very much appreciated by all!

Thank you Dave Walter

Christian Education & Discipleship Ministry Notes

There is a saying, "You don't have to come to a church to be a Christian, but you do have to be in fellowship to be a disciple." We are so thankful for the many opportunities we have in our Church family to become disciples. Thank you, Bob Fathergill, for discipling the children during the month of February. And, thank you to Anita Ricci and Kris McCarthy, who will be discipling the children during the month of March. Thank you, Pastor Kevin, for your faithful discipleship to all of us who come to worship each Sunday morning. Thank you, Lorretta Slough and Jeff Crawford, for dis-

cipating those who stay after worship to learn how Paul taught the Church at Ephesus to grow as disciples...and now God is teaching us through your guidance in this generation. And, thank you, God, for growing the ten women who come together for your spiritual food on Wednesdays. Another opportunity is now upon us: the "Sanctuary for Lent, 2011" booklets have arrived. They will be passed out after worship on February 27 and March 6 (and sent to those absent) for your private reading beginning Ash Wed., March 9 - Easter Sunday, April 24. Your

fellowship opportunity for growing during this time is to sign up on a poster-board above the coffee counter for the day, time, and home where you share your thoughts from the daily devotional booklet. The hosts are eager to welcome you in their respective homes.

They are: Kathleen Becks, 74 Winding Creek Lane, on Monday evenings from 7-8 pm;
Lee & Margot Gilhart, 220 Northwood Avenue, on Tuesday mornings from 10:30 - 11:30 am;
Judy Hunley, 5 Melnotte Lane (Fpt), on Tuesday evenings from -7-8 pm;

Dion and Anielka Mather, 3 Fiora Drive, on Wednesday evenings from 6:30 -7:30 pm;
and Jim and Pat Coleman, 96 Idlewood Road, from 10 - 11 am on Saturday mornings.
Hopefully, there is a time slot for everyone to participate.



Mission Notes

ERUMC is having a meeting for this years mission trip to Telica, Nicaragua on March 21st at 7.00p.m.

Fiesta Cinco De Marzo

Please come and join us on March 5, 2011 where there will be a celebration/fundraiser from one of our affiliated missionary churches New Life Presbyterian Church 243 Rosedale St off Monroe Ave, where all items are \$1.00; they will have a Piñata's, auctions, raffles, good food, games, music, prizes all proceeds go to building a house in Telica Nicaragua.

Please come and support the efforts and have fun.

We also have information from the Leadership council meeting covering all you wish to know about going on the Mission Trip, costs, what to take and what we will be doing, see Halyma to get a copy of the information.

Thank you from Halyma and Tony and the Mission team.



Evangelism Notes

This month's notes are a little different we have news.

I would like to let you all know that the website is up to date, all Pastor Kevin's sermons are up as video's. Please forgive me if they occasionally run a week or two behind, it does take time.

I would also like to let you know that the newsletters will be listed on each month of this years video sermon page for 2011 in pdf form. Thank you for all your patience.

<http://www.eastrochestrumc.org>

TAKE IT TO THE LORD

When you're feeling low
And there's nowhere left to go
When the darkness closes in
And your soul is enclosed

within

When you don't know what to do
And you wonder how you'll get through
Take it to the Lord in prayer
In His mercy He will meet you there

For Jesus knows what you are feeling
As there in prayer you are kneeling
For He knelt in the garden,
Gethsemane
Before going on to dark Calvary

In that garden alone He would pray
As alone as you feel today
But He sought His Father's will
Before going up that lonely hill

He found comfort there
While He knelt in prayer
He found the will to go on
Through this lonely dark canyon

We can do the same
If we but call on His name
He will come and take us by the hand
He will lead us through this lonely land

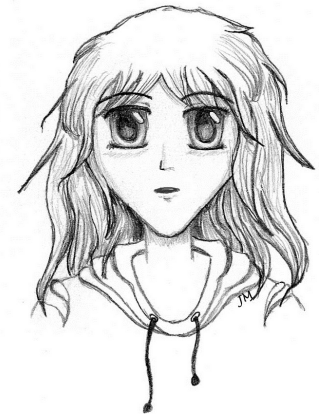
Now I know I'm not sayin anything new
You know what you need to do
Take the time, get on your knees
He is not deaf to your fervent pleas

And I know that it's not so easy
Surely you will agree
But to the Lord take your cares
He surely hears all our prayers

Jeannine Faith

Every blessing to you,
Jeannine F McMullen

Jesus Christ said: "the Son of Man came to serve, not to be served"



Worship Notes

Read Joshua 5: 9–12

For 40 years in the desert, God's people were assured they would not go hungry. But they could—and did—grow weary of their monotonous diet of manna. Then, once they crossed the Jordan River into the Promised Land, the manna ceased—no more guaranteed food. God's people had the freedom to fail, but they also had the faith that could help them succeed. Perhaps that's why they marked the crossing of the river by celebrating Passover, eating the unleavened bread.

Our 40 days of Lent can be a reminder of the Hebrews' 40 years in the desert. Our

Christian rituals that involve fasting instead of feasting can sometimes seem drab and dreary. Still, we are assured we will get through them with reflection and confession. And our meal of hope, the bread and cup of Holy Communion, symbolizes the faith that equips us to answer Christ's call. Beyond the slavery of sin lies the freedom of the Resurrection. That is the promised land that awaits us. When we share the bread and cup, we experience a small taste of resurrection. This is not a drab meal.

Fm. The Upper Room

Easter Flowers:

I will be taking orders for Easter Flowers for the Sanctuary. See me in church or call me at home: 586-2369 Margot.

ERAC Lenten Service
April 5 at 7pm at the Baptist Church Elm St. ER

The "Women of the Well" will again present a Lenten Service entitle "Miriam's Well" which includes a liturgical dance. Also included will be a Wisdom figure, and the stories of Miriam, the Samaritan Woman, the woman with the hemorrhages, and Mary at the foot of the Cross. An excellent service leading up to Holy Week.

Grandbabies:

Next to the altar is a table with 4 candles. These candles signify new babies coming to our Church families. The pink candles are for twins Alyssa and Mackenzie, grandparents Jim & Donna Coleman, great grandparents Gerry & Norma Lansdowne, and Aunt Karen O'Donnell. A blue candle signifies a grandson coming to Tony & Halyma Chevez and the Mather family. The white candle is in honour of the grandchild coming to Frank & Bev Martinez, sex to be a surprise when born. We look forward to the joy of welcoming these new little ones into our church family.

God bless you all,

Margot

Calendar for March 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Bible Study 10:30 to noon.	3	4	5
6 Worship 9:30 AM Bible Study Ephe- sians after church Emmaus Gathering 5-7PM	7 6-7:30 PM Girl Scouts Div. 7	8 Leadership Council mtg. 7:30pm	9 Bible Study 10:30 to noon Ash Wednesday Ser- vice at Seneca UMC	10 7PM Choir Practice MEN'S WALK TO ->	11 EMMAUS AT ->	12 CLARENCE UMC ->
13 Worship 9:30 AM Bible Study Ephe- sians after church EMMAUS 10-13	14 Girl Scouts 6- 7:30pm	15	16 Bible Study 10:30 to noon	17 7PM Choir Practice March 17-April 4 Verizon Phone Direc- tory People	18	19 Fellowship Sewing 11AM-1:30PM
20 Worship 9:30 AM Bible Study Ephe- sians after church	21 Mission Mtg. 7PM	22	23 Bible Study 10:30 to noon	24 Mission Mtg. 7PM	25	26
27 Worship 9:30 AM Bible Study Ephe- sians after church	28 Girl Scouts 6- 7:30pm	29	30	31		

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To:

We are on the web:
www.eastrochesterumc.org

Poem of the Month

WHAT DOES THE BIBLE MEAN TO
ME

What does the Bible mean to me?
How does it change my life?
It is the path to the truth
Leading me out of strife

It is the balm for my wounds
That life inflicts on me
It is the hope for tomorrow
And the truth that sets me free

It tells me who my refuge is
Under whose wings I can hide
It tells me who will help me
And when I ask, with my soul will
abide

It is a detailed map
It covers all possible ground
It is a light unto my path
It helps the lost be found

It is a love story for the ages
Written by my Creator
To tell me of His love
And point me to my Saviour

It tells the story of His life
And how He taught us to live
It tells how to triumph over sin
And of His Kingdom to arrive

What is the Bible to me?
It is more than just a book
It helps me live my life
It is Life Eternal's handbook

Jeannine Faith